

Fitness Lifestyle

Native Wellness

Rewards Program

We want to reward you for making healthy lifestyle choices!

Lifestyle change isn't always easy, so this program will allow us to work with you every step of the way!

You earn 2 points for participating in any of the following activities:

- **PERSONAL TRAINING**
- **FITNESS CLASSES**
- **InBody ASSESSMENT**
- **DIABETES EDUCATION CLASS**
- **EXERCISE DURING BREAK**
- **FRIEND OR FAMILY REFERRAL**

Rewards	Points Needed
Water Bottle	10
Nike Gym Sack	30
\$25 Gift Card to Chevron, or Subway	50
\$25 Nike Gift Card	50
Hoodie	60
Nike N7 Shoes	150

**Have a question? Give the Diabetes Program a call
951-849-4761 x1155 or x4721**